

# COVID19 BENEFITS & RESOURCES

## INDIGENOUS CANADIANS

Created specifically for Indigenous communities or in Indigenous languages by the Public Health Agency of Canada (PHAC), Indigenous Services Canada (ISC) and Indigenous organizations, resources to raise awareness and protect individuals and communities are available: Public service announcements about COVID-19 also available in 20 Indigenous languages:

Website: [www.sac-isc.gc.ca](http://www.sac-isc.gc.ca)

### MENTAL HEALTH & WELLNESS

If you're experiencing emotional distress and want to talk, contact the toll-free **Hope for Wellness Help Line** at **1-855-242-3310** or the online chat at [hopeforwellness.ca](http://hopeforwellness.ca) open 24 hours/day, 7 days a week.

### COMMUNITY SUPPORT FUND

The Federal Government is providing \$305 million for a new distinctions- based Indigenous Community Support Fund to address immediate needs in First Nations, Inuit, and Métis Nation communities.

These funds could be used for measures including, but not limited to:

- Support for Elders and vulnerable community members,
- Measures to address food insecurity,
- Educational and other support for children,
- Mental health assistance and emergency response services,
- Preparedness measures to prevent the spread of COVID-19.

**LEARN MORE:**

<https://bit.ly/3d97wly>

## Support for individuals: direct support through Canada's COVID-19 Economic Response Plan

Many of the supports offered through this plan require that you have filed your income tax return for the previous year. It is also easier to access your tax information and to apply for the Canada Emergency Response Benefit if you have a CRA MyAccount. If you don't have an account or have never filed a tax return with the CRA, please call 1-800-959-8281 for help.

**Website:** [www.canada.ca/en/department-finance/economic-response-plan](http://www.canada.ca/en/department-finance/economic-response-plan)

## FIRST NATIONS HEALTH AUTHORITY

The FNHA is working with provincial and federal partners to actively monitor and respond to the COVID-19 pandemic. We have created this COVID-19 web portal to help BC First Nations people and their health care providers and community leaders to get the information they need to keep themselves and others safe.

**Website:** [www.fnha.ca](http://www.fnha.ca)

## ASSEMBLY OF FIRST NATIONS

The Assembly of First Nations (AFN) provides an overview of resources for First Nations families during the COVID-19 pandemic. As the situation is changing rapidly, please visit the Public Health Agency of Canada, Indigenous Services Canada or Employment and Social Development Canada for the most updated information.

**Website:** [www.afn.ca](http://www.afn.ca)

## COVID19 RESOURCES FOR FIRST NATION COMMUNITIES

Awareness resources by Health Canada are available in 10 Indigenous languages . There are additional resources shared by partners which include; Inuit Tapiriit Kanatami, University of Saskatchewan, Native Women's Association of Canada, Government of Yukon, Métis National Council and more. Find these resources at: [www.sac-isc.gc.ca](http://www.sac-isc.gc.ca)

*LiUNA supports UNDRIP and remains a strong advocate for economic prosperity and training of Indigenous workers throughout Canada, this includes a renewed Partnership with Assembly of First Nations and a Statement of Partnership with First Nation Summit.*

**LiUNA! LOCAL 180**  
*Feel the Power*